



**Please return by March 1 to:**

**CAMP APOLLO**  
Post Office Box 34  
Plainview, NY 11803

**CAMPER**

The Camp Apollo 2019 Camp Season will soon be upon us. The 2019 Season will begin on July 8<sup>th</sup> through August 16<sup>th</sup>. Attached please find the new Medical/Health paperwork necessary to be completed for the 2019 season after you have registered your child.

**Please return all forms by March 1, 2019**

We ask that the forms below be returned to us by March 1st to give our medical staff ample time to review all camper's medical information.

### **Explanation of Required Forms**

H-1: Health History Form- To be completed by Parent. This form is used for parent and emergency contact information. It also helps the medical staff gain insight regarding your child and their individual needs.

H-2: Physician's Medical Exam Form- To be completed by your Physician. Immunizations should be attached on a separate sheet at the time of submission. **PLEASE SUBMIT A COPY OF THEIR MOST RECENT PHYSICAL that has been conducted within 12 months prior to camp. DO NOT** wait for the upcoming 2019 physical exam! It is not necessary to have this form completed if you provide the camp with a copy of an alternative medical exam. An examination for some other purpose within the year is acceptable. Your physician may provide their own generic physical exam form. A recent sports physical is an acceptable alternative, provided the assessment is an updated yearly physical! **PLEASE KEEP A COPY FOR YOURSELF FOR FUTURE USE.**

H-3: Request for the Administration of Medication- This form **must** be completed and signed by both you and your physician if your child needs to take any medications, either prescription or over-the-counter, during the camp day or overnights. The medical staff is not allowed to dispense/assist any medications without doctor's orders, even over the counter medications. All medications brought to the camp office **must** be in their original unexpired labeled containers or packaging. **UNDER NO CIRCUMSTANCES SHOULD A CAMPER CARRY OR SELF ADMINISTER MEDICATION WHILE AT CAMP** (except for the campers allowed to self-carry asthma rescue inhalers and/or epi pens as per physician note).

H-4: Request for the Administration of **As Needed Medication**- This form **must** be completed and signed by both you and your physician if your child needs to take any as needed medications that we carry stock at camp. **UNDER NO CIRCUMSTANCES SHOULD A CAMPER CARRY OR SELF ADMINISTER MEDICATION WHILE AT CAMP** (except for the campers allowed to self-carry asthma rescue inhalers and/or epi pens as per physician note).

H-5: EPIPEN PROTOCOL- If your child has an allergy that requires an **EPIPEN**, please follow the instructions on form H-5.

H-6: Emergency Contacts/Additional People Permitted to Pick up Child from camp.