



Please return by March 1 to:

CAMP APOLLO
Post Office Box 34
Plainview, NY 11803

STAFF

The Camp Apollo 2019 Camp Season will soon be upon us. The 2019 Season will begin on July 8th through August 16th. Attached please find the new Medical/Health paperwork necessary to be completed for the 2019 season.

Please return all forms by March 1, 2019

We ask that the forms below be returned to us by March 1st to give our medical staff ample time to review all staff's medical information.

Explanation of Required Forms

H-1: Health History Form- To be completed by Staff Member. This form is used for emergency contact information. It also helps the medical staff gain insight regarding your health needs.

H-2: Physician's Medical Exam Form- To be completed by your Physician. Immunizations should be attached on a separate sheet at the time of submission. **PLEASE SUBMIT A COPY OF YOUR MOST RECENT PHYSICAL that has been conducted within 12 months prior to camp. DO NOT** wait for the upcoming 2019 physical exam! It is not necessary to have this form completed if you provide the camp with a copy of an alternative medical exam. An examination for some other purpose within the year is acceptable. Your physician may provide their own generic physical exam form. A recent sports or college physical is an acceptable alternative, provided the assessment is an updated yearly physical! **PLEASE KEEP A COPY FOR YOURSELF FOR FUTURE USE.**

H-3: Request for the Administration of Medication- If you are under the age of 18, this form **must** be completed and signed by both your parent and your physician if you need to take any medications, either prescription or over-the-counter, during the camp day or overnights. The medical staff is not allowed to dispense/assist any medications without doctor's orders, even over the counter medications. All medications brought to the camp office **must** be in their original unexpired labeled containers or packaging. **UNDER NO CIRCUMSTANCES SHOULD AN UNDERAGE STAFF MEMBER CARRY OR SELF ADMINISTER MEDICATION WHILE AT CAMP** (except for asthma rescue inhalers and/or epi pens as per physician note)

H-4: Request for the Administration of **As Needed Medication**- If you are under the age of 18, This form **must** be completed and signed by both your parent and your physician if you need to take any as needed medications that we carry stock at camp. **UNDER NO CIRCUMSTANCES SHOULD AN UNDERAGE STAFF MEMBER CARRY OR SELF ADMINISTER MEDICATION WHILE AT CAMP** (except for the campers allowed to self-carry asthma rescue inhalers and/or epi pens as per physician note)